

# Stephen Kelso

## dental implants | oral surgery

### **Advice to patients after placement of implants**

Before the patient leaves the surgery, important steps for rinsing and pain control should be taken.

- . 1. The patient should rinse gently around the operative site with Chlorhexidine.
- . 2. If there is any post-op bleeding, sterile gauze moistened with saline is applied to the site and the patient asked to gently close.
- . 3. Painkillers need to be administered.
- . 4. The patient is recommended to avoid driving post operatively.
- . 5. The patient is asked to avoid wearing their denture while soft tissue is healing; this is usually for a period of 2-3 weeks. After this time the denture can then be eased and soft lining applied, then can be worn again.
- . 6. The patient is required to rinse with Chlorohexidine twice daily, rinse with warm salty water after meals and avoid brushing around the implant site until sutures are removed.
- . 7. Antibiotics and painkillers can be prescribed.
- . 8. Soft foods are recommended.
- . 9. 7-10 days post-op, the patient is recalled for review +/- suture removal. The patient is instructed in further oral hygiene procedures; using toothbrushes, interdental cleaners and floss etc. (Please note all cleaning implements must be plastic as metal scratches the smooth implant neck).
- . 10. Further examinations should be completed a few weeks later and the condition of the soft tissues checked again after 2-3 months, along with a radiographic examination.
- . 11. Regular visits with the hygienist are fully recommended on a long term basis.