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dental implants | oral surgery

Advice and information to patients undergoing Sedation

1. Pre- operative preparation.

Take analgesics (painkillers) and use mouthwash 1 hour before your appointment.

Do not have anything to eat or drink for 3 hours before your appointment.

Take your medicines as usual.

Wear loose clothing, so that we can apply routine monitors.

Resist heavy make-up.

2. Recovery and return to work.

We have to advise patients that a minimum of 24 hours is required for you to get over the effects of sedation.

However well you feel, within that time you should NOT

- Drive a vehicle
- Ride a bicycle
- Operate machinery
- Care for young children
- Cook
- Sign legal documents

Alcohol should be avoided entirely for at least 12 hours although preferably for 24 hours.

Driving within this period is driving under the influence of drugs and will be reacted as such by the police and the courts. We also advise that your insurance may be void in these circumstances.

3. Escort and aftercare.

You **MUST** be accompanied by a responsible adult who will be able to look after you.

We cannot begin treatment until that person is present in the clinic.

We advise **VERY** strongly that you are driven home or take a taxi.

For your own safety you need someone responsible in the house with you for a minimum of 12 hours, certainly until you feel fully recovered and preferably for 24 hours